

# Out & About with Lori Sunflower



What's your best advice for new Crestonians?

**Matt Evers**  
We out here!



**Loretta Covert**  
Don't expect utopia. There is the good, the bad and the ugly here - mostly good.



**Josefina Gordh**

Please do not ruin the very energy that drew you here. Leave your urban habits and expectations somewhere before T road. Honor the land, the water, the silence, the dark sky. Honor the wildlife, this is their home, they were here first. Drive slowly! And a warm welcome to you!



**Sandia Belgrade**

To love the land where you are - the trees, the quiet. This is not a city. Honor this place, as close to nature as you might be. Do it good. Respect it. And if you do that, we'll all respect each other and have fun.



**Meryl Ennis**

Find a group to volunteer with. Be part of the community by volunteering and don't try to reinvent the wheel. Find out what's already been done, what's happened, but jump in with both feet and volunteer and be a part of something. Be part of the community.



**William Howell**

So, welcome. I recommend that you get connected up, because Crestone is all about connections, with the End of Life project, Neighbors Helping Neighbors, Crestone Peace Patrol, the charter school. There are so many ways to be of service and get connected up with the mountains, this sacred valley, with nature and the humans in the valley. They are one.



**Kim Engard**

It's good to think of this as your community and to put your heart and soul into making it work for everyone together.



**Benjamin Bver**  
Spend all four seasons in Crestone prior to buying anything.



**Shala Robinson**

My best advice is that if you belong in Crestone, you belong. Because if the mountains welcome you and keep you, they will. But if they don't welcome you or keep you, they won't. And Crestone's lovely.



**Carmin Teeple**  
Don't try to tell us how to run things until you've been here for a while!

