

# Out & About with Lori Sunflower

If you could have a one-hour conversation with anyone, living or not, who & why?



## Ron Dessain

Richie Havens. The first time I came to Crestone I was at the 2nd or 3rd music festival featuring John Sebastian of the Loving Spoonfuls and Richie Havens as the headliners. And Richie Havens, in a crowd of maybe 400 or 500 people, sat on a stool, no accompaniment, played his guitar and then told a story of his life after each song. I was really impressed.



## Oraza Allam

The RZA from Wu Tang Clan. He's my idol. He raps, makes beats and evolved as a producer to the point he works with orchestras even though he's a hip hop guy. He makes films, he's extremely well read and has seen life from the housing projects to the top of the world. He's also a chess master. There's so much to learn from him. His book, "Tao of Wu" is brilliant but a conversation would be incredible. One of my honorable mentions is Marcus Aurelius, the stoic philosopher who was also the emperor of Rome. His book "Meditations" is an important guide for life for me. I loved how he was the most powerful man in the world but was also ridiculously humble and wise. The other one is Bruce Lee. I grew up watching his films and as I got older, I learned how philosophically brilliant he was. Especially how he incorporated spiritual themes into martial arts.



## MaLena

The one person I would want to talk to for an hour is Michelangelo. I have always felt a kinship to Michelangelo in his work. He's an amazing artist, an amazing brain, and a Renaissance man from the Renaissance.

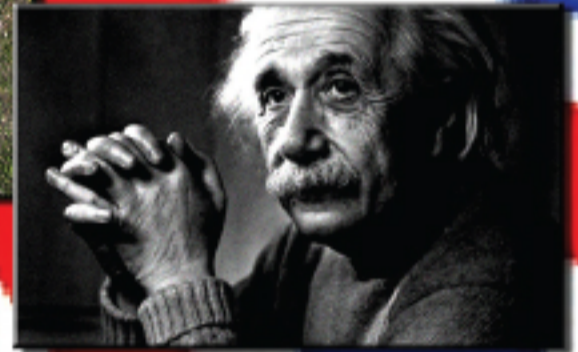
## Adam

I would talk to Alexander the Great because I want to know how to conquer the world.



## JR Edwards

I would ask Albert Einstein what he meant by the theory of relativity. Where did he get the elements that play into the equation and how did he come up with those elements? That would be my question. So, it would be hard to answer, I would imagine, but I could wait for it. I could wait because I've got equations in my mind, but I just didn't understand where he came up with his. I know what he's playing with, but why didn't he add other parts into the algorithm to get more of the philosophy than just this little basic idea of what relativity is? Because there's so many things that add into the relativity of a life, of love, of so many different things, that to minimize it just down to one simple equation didn't put much thought into it, if you ask me. He didn't put enough depth into his equation. Again, so many things add into it. That's who I would ask and why. Thank you.



## Christina Lakish

If I could have a 1-hour conversation with anyone, I would talk to Georgia O'Keeffe, because not only was her art revolutionary and shocking for its time, but her life was incredible outside of her art as well. She once said, "I've been absolutely terrified every moment of my life - and I've never let it keep me from doing a single thing I wanted to do." I am continually inspired by both her art and the way she lived her life.



## Tony Cannata

I would have a conversation for an hour with my grandfather, because I miss him.



## Lili Zohar

I would converse with a soldier in one of the many marked and unmarked graves of the unknowns scattered across the globe. I would want to hear the story of one who is unnamed as a stand in for the millions of unspoken narratives of those who never got to share. Why? I am curious about the individual lives, fears, hopes and dreams of all who have suffered in famine, war and extermination campaigns because I believe all these stories belong to everyone and somehow help shape the psyche of humanity moving through time.

